



BEST PRACTICE 1

Date:.....

TITLE OF THE PRACTICE:

"EXCEL & ELEVATE – MENTORING PROGRAMME"

OBJECTIVES OF THE PRACTICE:

To strengthen the bond and encourage the relationship between teachers and students.

To mentor students in their academic development and establish practical goals

To give attention to the problems and distress that the students are experiencing in class with reference to their academic, social, and emotional issues.

To enhance performance, and lessen student's stress through individual counseling.

Inform the new students about the institution's code of behaviour.

THE CONTEXT:

At Educare Institute of Dental Sciences (EIDS), we believe in offering students a quality education while preparing them with the knowledge and skills in their chosen field, identifying their talents, and giving them a chance to reach their full potential.

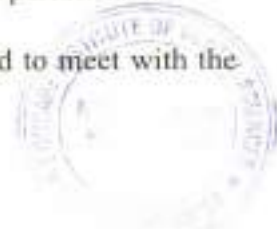
This helps students become future leaders, business owners, and, most importantly, good people.

The purpose of this is to coordinate all parent-child-teacher interactions, which form a three-way triangle.

THE PRACTICE:

A mentor is assigned to a batch of 10 students. The academic and personal data of each student is kept up to date. Mentor interacts with students in person. Student's parents are informed of their academic progress and given an evaluation of their ward's performance.

Parents of students who exhibit poor attendance or performance are urged to meet with the mentor to discuss remedial actions.





The college also has a student counselor. Students are guided and supported by the student counselor if needed. In this manner, the mentoring process efficiently benefits the mentor as well.

Based on the interaction's various awareness programs and motivation classes are organized for the students to help them learn in a better way. Programs for developing language skills, professional ethics, and soft skills are run on a regular basis. The institution is designed to foster a culture of innovation and creativity.

Student support and guidance cell is present in the institution which investigates and resolves student problems on a periodic basis.

EVIDENCE OF SUCCESS:

The mentors' guidance has increased the students' attendance. The mentor-student relationship has improved as a result of direct communication. The students' academic performance has improved. Participation in extracurricular activities has been expanded. Parents have provided positive comments after the direct interaction with the mentors. Students establish cordial relationships with one another.

PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED:

Due to their hesitant behaviour, students initially participated less. By our mentoring programme, we have been able to increase students' confidence. Following each internal examination, parents were unaware of their children's improvement. Hence, a periodic parent-teacher meeting was instituted for the first-year students. Due to their busy academic schedules, students frequently find it challenging to meet with their mentors. Every effort is made to include free slots in the timetable to solve this issue. Although this initiative serves its job we are still looking forward to upgrading as time goes on.





BEST PRACTICE 2

TITLE OF THE PRACTICE:

Date:.....

Reaching the Unreached for the Nation (RUN)

OBJECTIVES OF THE PRACTICE:

1. To ensure health for all sectors of the community through organized community efforts.
2. For community diagnosis of oral health problems in order to effectively combat the community health problems.
3. To apply scientific principles in the provision of oral health care.
4. To apply life course approach in the prevention, treatment and management of patients
5. To create awareness among the students about the importance of healthcare in rural settings.

THE CONTEXT:

In the last decade Malappuram district has seen marked improvements in maternal, child and family health, and the control of communicable diseases but the progress in the control of oral diseases was poor. So, our institute strives to be a far-reaching grassroots organization that has already achieved an enormous amount in empowering the most marginalized and disadvantaged people, especially children and their families.

The program helps invoke civil responsibility among students. These programmes were arranged by the institute or students themselves. It helps in empowering personal and professional growth and enlightening social understanding among students through their active participation.

The mission is to offer a problem-solving approach to students through a community learning experience helping both student and community development.

Improving soft skills of the students like teamwork, communication, and leadership abilities.

It further emphasizes development of problem solving and research capacity among students.

India requires a multi-payer universal health care model to achieve "health for all". Indian society is similarly unique in factors such as social mindset, prevalent beliefs and customs. These factors should not be given a passive glance and should be explored carefully giving an adequate weight to each factor's background and its progress to the present status in contemporary dental practice. Only a careful scientific analysis of society is therefore the need of the hour for oral health-care programmers.





THE PRACTICE:

Students are involvement in the program through various levels of community activity ^{Date:} including posting in the rural clinic postings at various community settings for the following activities:

1. Conducting camps in special schools, colleges, old age homes, orphanages, factories, Government bodies and local community centres with special needs.
2. Extended services in the form of satellite centres in the form of oral health care which caters to the clustered villages around.
3. Referral of patients with needs to the institution for further treatment with extended transport facility for those with socio-economic demands.
4. Conduct of oral health awareness and care for the individuals with special needs (mentally & physically) and their caregivers.
5. Outreach activities on special days such as World Oral Health Day, World Cancer Awareness Month, and World No-Tobacco Day etc.

VARIOUS OUTREACH PROGRAMMES CONDUCTED BY THE COLLEGE

1. Several camps are organized by the college to create awareness among people regarding the importance of dental treatment.
2. There are two satellite centers under our college situated at Kottakkal and mahadin.
3. A number of institutions both private and public are adopted by the college such as:
 - Polytechnic government college.
 - BUDS rehabilitation center
 - Blooms special school.
 - UMLPS vallyad
4. Interns were posted in Malappuram taluk hospital for covid duty (swab collection).
5. Special discounts are given for BPL card holders as a financial aid for the underprivileged.
Training sessions were given to asha workers (training for trainees).
6. An initiative was taken with the kudambashri to sell their products eco-friendly.
7. Various programmes are conducted on account of Women empowerment such as breast cancer awareness programmes and screenings.





8. Almost 100 free dentures were given to selected patients under the mandahasam creating smiles for those in need.

Date:.....

EVIDENCE OF SUCCESS:

1. Improved clinical competencies of the students
2. Adoption of nearby villages and screening and treatment
3. Awareness of dental hygiene, tobacco consumption among school children, geriatric and general population.
4. Enhanced care of unreached population groups.

PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED:

1. Approval for conducting outreach programs from the governmental and Non-governmental organizations.
2. Lack of awareness on the importance and need of such programmes pulling them back from initiating such programmes.



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