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Educare Chronicles

OFFICIAL NEWSLETTER OF EDUCARE INSTITUTE OF DENTAL SCIENCES

Kiliyamannil Campus, College road, Chattiparamba, Malappuram, Kerala - 676504, Mob: +91 9946 535 777

www.educareinstitute.in



January 2024

February 2024

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April 2024

May 2024

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February 2024

March 2024

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May 2024

June 2024

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March 2024

April 2024

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June 2024

July 2024

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Dr.INDUSHEKAR K.R



VICE PRINCIPAL
**Dr.MENON PRASAD
RAJAGOPAL**

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EVENTS AND ACTIVITIES

"Exciting happenings and engagements on campus"



■ Educare Focuses on Reproductive Health

On January 1, 2024, Educare College hosted a comprehensive reproductive health awareness program, organized jointly by the SSGP Cell, Women's Cell, and NSS Unit. The event took place in the college auditorium from 2:00 PM to 4:00 PM. Distinguished Ayurveda expert, Dr. Anitha K Viswambharan, Professor at V.P.S.V Ayurveda College Kottakkal, graced the occasion as the chief guest. The program was attended by female students, interns, and staff members.

■ Department of Oral and Maxillofacial Surgery. Promotes Road Safety

On January 20, 2024, the Department of Oral and Maxillofacial Surgery organized a road safety awareness program for BDS students and interns. The event featured a distinguished guest speaker, Dr. Ummer Mangalath, Professor Emeritus at PMS Dental College. He provided valuable insights on road safety and highlighted the crucial role of oral and maxillofacial surgeons in trauma care.



■ Celebrating Prosthodontist day

To commemorate Prosthodontist Day, the Department of Prosthodontics at Educare Institute of Dental Sciences organized a free dental camp aimed at promoting oral health awareness and providing dental services to the community. The camp took place at Chappanangadi, Ponmala Panchayat, on January 22, 2024 10:00 AM to 1:00 PM. The event was inaugurated by the honorable Standing Committee Chairperson Mrs. Suharaabi Kolakkadan and included an address by the respected ward member Mrs. Sakeena Shajahan.

Dr. Pradeep Samuel, Dr. Asha, and Dr. Shamli provided clear explanations of the treatment concepts, services, and their importance to the audience.

The services offered included dental checkups, prosthodontic consultations, and oral health education.





■ ■ ■ ESPERANZA: A Symphony of TALENT

Esperanza, the inter-house arts and sports extravaganza, ignited the campus with a vibrant display of creativity and athleticism. Organized by the College Union, Tharang 2K23-24, the event showcased the diverse talents of students from all houses.





■ Educare Celebrates Republic Day With Gusto

The Educare Students Union organized a spirited Republic Day celebration on January 26, 2024, at 8 a.m. The event brought together the entire college community, including faculty, staff, and students, in a patriotic fervor. The day concluded with a sweet gesture as the Union distributed sweets to all attendees.

■ Department of Oral Pathology Tackles Oral Tumors

On February 28, 2024, the Department of Oral Pathology hosted a talk on the challenges posed by oral tumors. The event highlighted the ongoing threat of oral cancer due to delayed diagnosis and its associated increased morbidity. Dr Siya K and Dr Suhas R Nayak were the speakers for the program. It was attended by a total of 132 participants.



■ Young Innovators Program

On March 19th, 2024, our college auditorium hosted the YIP Programme, featuring Mr. Jasin Jesi, a YIP Intern, as the keynote speaker. The event focused on fostering innovation and creativity among attendees. Mr. Jesi shared insights from his experiences, emphasizing the importance of innovative thinking in professional and academic settings. The engaging presentation and interactive discussions inspired students and faculty alike, sparking new ideas and enthusiasm for creative problem-solving. The programme successfully highlighted the role of innovation in driving progress and encouraged participants to embrace new approaches in their fields of study and work.





Faculty Development Programme: New BDS Curriculum and NEP

Educare Institute of Dental Sciences conducted a faculty development program on March 14, 2024, to familiarize faculty members with the DCI's proposed new BDS curriculum and the National Education Policy (NEP). The event took place in the auditorium from 9 AM to 11 AM.

Dr. KR Indushekhar, Principal, extended a warm welcome to the attendees, followed by an inspiring keynote address by the Managing Director, Mr. Nasser Kilyamannil

Dr. Devadathan, Dean of Dental Science, KUHS, provided a comprehensive overview of the new BDS program, while Dr. Elbe Peter, Chairman, Dental Council of Studies, KUHS, shed light on its implications.

A Q&A session allowed faculty members to seek clarification on their queries. The program concluded with a vote of thanks delivered by Dr. Suhas R Nayak.

Iftar 2024

Celebrating Unity and Diversity

The college union, Tharang, organized a vibrant Iftar party to celebrate the spirit of Ramadan. The event brought together students and faculty for an evening of community and reflection. Held in the college campus, the gathering featured a diverse array of traditional dishes, fostering a sense of unity and cultural appreciation. The evening included a heartfelt welcome, prayers, and a communal meal, enhancing bonds within the college community. Tharang's thoughtful organization provided a memorable and inclusive experience, highlighting the college's commitment to celebrating cultural diversity and promoting harmonious relationships among its members.



EMPOWERING EFFICIENCY: Energy Conservation Awareness at Educare



KSEB conducted an Energy Conservation Awareness Program on April 30, 2024, at the Educare College Auditorium. The event aimed to educate participants on effective energy-saving practices and the importance of energy conservation. The program featured presentations on various energy-efficient technologies, practical tips for reducing energy consumption, and the benefits of adopting sustainable practices. Attendees engaged in discussions and activities designed to raise awareness about energy efficiency. The initiative successfully highlighted the need for responsible energy use, fostering a greater understanding of energy conservation among participants and encouraging them to implement energy-saving measures in their daily lives.

World Environment Day Commemorated: Staff Facilitate Tree Sapling Planting

In observance of World Environment Day on June 5, the college union Tharang, along with faculty members, undertook a meaningful initiative by planting tree saplings, exemplifying their commitment to environmental stewardship.



TOBACCO-FREE FUTURE: World No Tobacco Day Awareness Campaign



On May 31, 2024, World No Tobacco Day was observed by a series of impactful awareness activities. Final Part 1 BDS students performed a flashmob in Valanchery, illustrating the harmful effects of tobacco. At Educare Campus, the Public Health Department, in association with IDA Kerala State, hosted a 2-hour symposium. The event featured four speakers who discussed strategies to shield children from tobacco industry interference. The programme also included a skit presentation and a video awareness segment, both effectively raising awareness about the dangers of tobacco and advocating for preventive measures.



Engage, Explore, Enrich: IOS Zonal PG Convention 2024 in Orthodontics



From June 3 to 5, 2024, Educare dental college hosted its first IOS Zonal PG Convention, a landmark event in orthodontics, under the theme "Engage, Explore, Enrich." This three-day program, organized by Team Ortho led by Dr. Sam Paul, marked a significant milestone for the field in the region. The convention featured a series of lectures, workshops, and interactive sessions designed to enhance the knowledge and skills of postgraduate students and professionals in orthodontics.

Dr. Nasser Kiliyamannil, the Managing Director, and Dr. Indusekhar, the Principal, provided crucial support, ensuring the event's success. The program included presentations from leading experts, hands-on workshops, and opportunities for networking, fostering a collaborative environment for learning and growth. This pioneering event not only highlighted advancements in orthodontic practices but also set a new standard for future conventions in the field, solidifying Kerala's role as a hub for orthodontic education and innovation.



■ Foresight 2024: Advancing Public Health Dentistry

The Public Health Dentistry (PHD) Department hosted "Foresight 2024 on June 19, 2024, an event aimed at exploring the roles of public health dentists in collaboration with IDA. Dr. Civy V. Pulayath delivered an insightful lecture on achieving excellence in dentistry, while Dr. K.N. Thomas emphasized the role of IDA and the significance of membership. Dr. Arun Kumar discussed the crucial contributions of public health dentists. The event provided a comprehensive overview of the field, highlighting the importance of professional development and the impact of public health dentistry on community health.

■ Educare Institute Hosts Mega Medical Camp

Educare Institute of Dental Sciences collaborated with AL-MAS Hospital, Kottakkal and Eye Foundation, Malappuram to conduct a large-scale medical camp on March 5, 2024. Held on the college campus auditorium from 10 AM to 1:30 PM, the camp offered a wide range of medical specialties.

The event was inaugurated by Kodur Panchayath, President, Smt. Raabiya, Mr. Nasser Kilyamannil (Managing Director) and Mr. Abdul Razak (Registrar) in attendance. Over 200 people benefited from the camp.



■ Welcoming New Interns

An orientation for interns was conducted on March 18, 2024, from 9 AM to 10 AM in the college auditorium. The session was for those who had passed the Part 2 Supplementary exams in January 2024. Dr. Suhas R Nayak offered congratulations to all the interns.





HEART HEALTH MATTERS: World Hypertension Day Awareness Event

On June 13, 2024 World Hypertension Day was organized by our college, an informative event to raise awareness about hypertension and its health impacts for students and OPD patients. The event featured student-prepared posters highlighting key information about hypertension. Attendees participated in a pledge-taking activity with the message, "Measure your blood pressure accurately, count it, and live longer." The event successfully engaged participants in understanding and managing their blood pressure, promoting long-term health and well-being.

Holistic Wellness: Celebrating International Yoga Day

Our college NSS unit, in collaboration with the Public Health Department, celebrated International Yoga Day with a range of activities designed to promote holistic wellness. The event was inaugurated by Dr. Asaf Aboobacker, NSS Coordinator, and featured Mr. Firoz Mon, a renowned physical trainer, who led the sessions. Activities included guided yoga sessions, meditation practices, and workshops on stress management. Faculty and students participated enthusiastically, exploring the benefits of yoga for both physical and mental health. The event underscored the importance of integrating wellness practices into daily routines, highlighting our commitment to fostering overall health and well-being within the field of dentistry. By engaging in these activities, participants gained valuable insights into maintaining a balanced lifestyle, reinforcing the role of wellness in both personal and professional aspects of life.



Smiles All Around: School Dental Health Camps in Malappuram

The Department of Pediatric Dentistry, in collaboration with the Public Health Department, organized and conducted three School Dental Health Camps on February 2nd, 15th, and 29th, 2024, in and around the Malappuram district. A total of 500 children and a few teachers benefited from these camps. Dr. Sreeparvathi, Senior Lecturer, and Dr. Jithin Mohan and Dr. Shabna, Tutors, attended the camps along with students and interns.



World Oral Health Day 2024: Empowering Oral Health



On April 7, 2024, in observance of World Oral Health Day, an outreach program featuring an oral health screening and treatment camp was conducted at Kottakkal Arya Vaidya Shala, Malappuram. The event aimed to promote oral health awareness and provide essential dental care services to the community. Participants received comprehensive oral health screenings, preventative advice, and necessary treatments. The program effectively addressed common dental issues and educated attendees on maintaining oral hygiene. The camp successfully enhanced public awareness of oral health and delivered vital dental care, contributing to improved overall community health.



Clinico Pathologic Conferences



DEPARTMENT OF ORAL MEDICINE AND RADIOLOGY.

Dr. Asaf Aboobacker presented an insightful discussion on "Tackling the Superbugs - Awareness on Antimicrobial Resistance" on January 30, 2024.

DEPARTMENT OF ORTHODONTICS

Dr. Anfiya Nazeer, a post-graduate student in the Department of Orthodontics, presented on the topic "Unlocking Occlusion: Insight into Skeletal Class II Correction" under the guidance of Dr. Sam Paul, Head of the Department.



DEPARTMENT OF PERIODONTICS

Dr. Safwana, post-graduate student, presented on the topic "Various Types of Surgical Management of Frenectomy" under the guidance of Dr. Sreekanth Puthalath, Head of the Department, on April 19, 2024.



HONORS AND RECOGNITION

"Celebrating achievements and accolades of our community"

Congratulations



Minna K receiving cash award from our Principal for winning 3rd prize (Table Tennis) in the inter zone sports and games organized by Kerala University of Health Sciences held at Believers Church Medical College Thiruvalla



Congratulations and Kudos to team Educare for winning the Runner up positions in Men's Football, Men's Volleyball and Women's Throwball events in the recently concluded Interdental Sports Meet conducted by MES Dental College, Perinthalmanna.



Student Achievements



***Akshara Sivan** from the 15th batch won the first prize for water coloring at the Inceptra 2.0 Interdental Arts and Academic Meet.*

***Ansu Sara James** from the 16th batch, secured the first prize in soap carving at the Inceptra 2.0 Interdental Arts and Academic Meet*



***Vishnupriya KS** from the 14th batch secured the 2nd prize in Hindi Elocution at the KUHS North Zone competition and 3rd prize at the KUHS Interzone competition.*

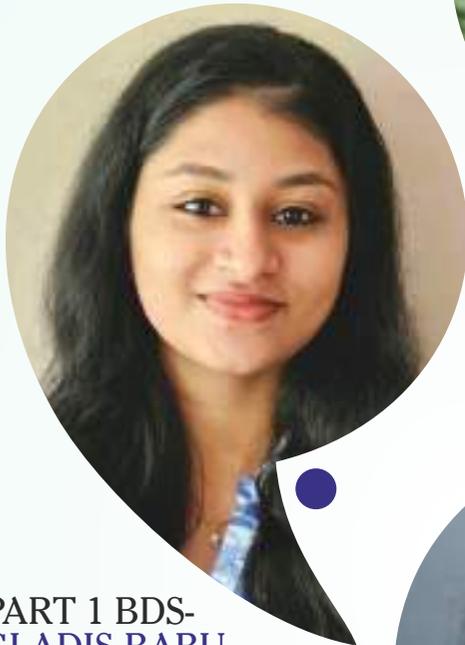


Congratulations to **Dr Anjoom** and **Dr Lakshmi** for Winning 1st prize in poster presentation at the 54th Kerala State Dental Conference In Wayanad.

And a big shoutout to **Dr Suhana** and **Dr Reshma** for also getting 1st prize in poster presentation at 54th Kerala State Dental Conference In Wayanad.

Student Achievements

DISTINCTION HOLDERS



PART 1 BDS-
GLADIS BABU



I BDS -
FATHIMA SAFA KV



PART 1 BDS-
KARTHIKA SURESH

Congratulations to the distinction holders! Your hard work, dedication, and perseverance have truly paid off. Achieving distinction is a remarkable accomplishment, and it's a testament to your exceptional abilities and commitment.

STAFF ACHIEVEMENTS



Dr. Indushekar K.R was felicitated by the SDM dental college Pedo Alumni & inaugurated the programme along with Dr. Shetty. Administrator SDM university

Dr. Ajay Haridas, Professor and HOD, Department of Oral & Maxillofacial Surgery, selected as the member of Board of studies, Kerala University of Health & Sciences.



Dr Sreekanth Puthalath, Professor and HOD, Department of Periodontology was awarded the IDA KSB Excellence on March 2024.



STAFF ACHIEVEMENTS



Dr Deepak Thomas was elected as Scientific Convenor of SPIK, Kerala on 12th February 2024.

Dr. Deepak Thomas Professor, Department of Periodontology was a Guest Speaker at IDA Malanad branch at Peters' 9 Thodupuzha on 27th June 2024

Dr Suhas R Nayak ,completed an online course on conducted by ICMR & National Institute of Epidemiology in January 2024.



Dr Siya parameswar, selected as one of the editor of the scientific journal “ Futuristic trends in Medical Sciences.

Dr Arun Kumar S was guest speaker at Data Analysis - SPSS Workshop I by IAPHD Kerala Chapter on 17th March 2024.

Dr Arun Kumar S was guest speaker at National Rapid Review Program, Pilot 2024 - Workshop by Sri Ramachandra Dental College & Hospital, Chennai & IAPHD TN Chapter on 19th - 22nd June 2024.



ACADEMIC ENGAGEMENTS

Learning and growing through participation

Department of Orthodontics

Dr. Prince Chacko attended a three-day hands-on training workshop on "occlusion" on January 5, 6, and 7, 2024.

Dr. Sam Paul, Dr. Prince Chacko, Dr. Anfiya Nazeer, Dr. Akshaya Raj, Dr. Sangeeth, Dr. Vishnu Gopal, Dr. Ashifa C K, Dr. Murshida P K, and Dr. Ransia attended the 27th IOS National PG Students Convention at Terna Dental College and Hospital in Navi Mumbai from February 8 to 11, 2024.

Dr. Aiswarya P R presented "Evolution of diagnostic Aids" at the 27th IOS National PG Students Convention at Terna Dental College and Hospital in Navi Mumbai from February 8 to 11, 2024.

Dr. Irshad A presented "Splinting the Future: 3D construction of surgical splints" at the 27th IOS National PG Students Convention at Terna Dental College and Hospital in Navi Mumbai from February 8 to 11, 2024.

Dr. Akshaya Raj attended a webinar on "IOS Aligner Masterclass" on February 23, 2024.

Dr. Sam Paul attended the 5th European Aligner Society Congress in Valencia, Spain from February 29th to March 2nd.

Dr. Muhammad Anas CP attended a two-day symposium on "Fail-Safe Orthodontics focusing on retreatment and managing treatment complications in orthodontics" at Uday Samudra Kovalam, Trivandrum on March 6th and 7th, 2024.

Dr. Anfiya Nazeer, Dr. Akshaya Raj, Dr. Vishnu Gopal, Dr. Ashifa C K, and Dr. Murshida P K attended a student exchange program in collaboration with A.B. Shetty dental college, Mangalore, Karnataka from April 22nd to 27th, 2024.

Dr. Anfiya Nazeer, Dr. Akshaya Raj, Dr. Vishnu Gopal, Dr. Ashifa C K, Dr. Murshida P K, Dr. Irshad A, and Dr. Ransia attended a one-day hands-on national workshop on "Facial esthetics centered diagnosis and treatment planning in Orthodontics and Orthognathic cases - A chairside approach" at Mar BaseliOS dental college, Kothamangalam on May 4, 2024.

Dr. Sam Paul, Dr. Prince Chacko, Dr. Anfiya Nazeer, Dr. Akshaya Raj, Dr. Sangeeth, Dr. Vishnu Gopal, Dr. Ashifa C K, Dr. Murshida P K, Dr. Irshad A, Dr. Aiswarya P R, Dr. Ransia, Dr. Varun Peter, Dr. Mohammed Anas, Dr. Prachodh C A, Dr. Chandana L R, and Dr. Lishna K T attended the IOS Zonal Pg Convention Kerala 2024, hosted by Educare Institute of Dental Sciences, Malappuram from June 3rd to 5th, 2024

Dr. Fathima Shahana attended the 21st Midterm Conference and 13th PG Convention at Amrita Institute of Dental Sciences in Kochi on February 10th and 11th, 2024. She also attended the 24th IACDE National PG Convention at Sri Ramachandra Institute of Dental Science in Chennai from February 29th to March 3rd, 2024. She presented a poster on "Theranostic Dental Patch: A New Era for Caries Prevention" and another poster on "Battling the Biofilm."

Dr. Hasna K attended the 21st Midterm Conference and 13th PG Convention at Amrita Institute of Dental Sciences in Kochi on February 10th and 11th, 2024. She also attended the 24th IACDE National PG Convention at Sri Ramachandra Institute of Dental Science in Chennai from February 29th to March 3rd, 2024. She presented a poster on "Microrobotics: A Precise Novel Tool for Biofilm Management" and another poster on "Battling the Biofilm."

Dr. Sirajudheen K attended the 21st Midterm Conference and 13th PG Convention at Amrita Institute of Dental Sciences in Kochi on February 10th and 11th, 2024. He also attended the 24th IACDE National PG Convention at Sri Ramachandra Institute of Dental Science in Chennai from February 29th to March 3rd, 2024. He presented a poster on "Theranostic Dental Patch: A New Era for Caries Prevention" and another poster on "Battling the Biofilm."

Dr. Raseena attended the 24th IACDE National PG Convention at Sri Ramachandra Institute of Dental Science in Chennai from February 29th to March 3rd, 2024. She presented a comprehensive case report on the management of a calcified canal.

Dr. Parvathy attended the 24th IACDE National PG Convention at Sri Ramachandra Institute of Dental Science in Chennai from February 29th to March 3rd, 2024. She presented a comprehensive case report on the management of a calcified canal.

Dr. Farsana attended the 24th IACDE National PG Convention at Sri Ramachandra Institute of Dental Science in Chennai from February 29th to March 3rd, 2024. She presented a case report on the management of intrinsic discoloration with combined treatment of the walking bleach technique and laser-assisted bleaching in a maxillary central incisor.

Dr. Asha attended the 26th IPS PG Convention 2024 in Chennai from April 5th to 7th, 2024. She presented a table clinic on "Prosthogrammetry – Applying Photogrammetry in Prosthodontics."

Dr. Hridya attended the 26th IPS PG Convention 2024 in Chennai from April 5th to 7th, 2024. She presented a poster on "Achieving a Perfect Smile: The Art of Biologically Oriented Preparation Technique."

Dr. Varada attended the 26th IPS PG Convention 2024 in Chennai from April 5th to 7th, 2024, and the 7th IPS Kerala Conference 2024 in Mahe from May 9th to 11th, 2024. She presented a paper on "Unveiling the Potential of Bonded Ceramic Prosthesis: Insights and Innovations."

Dr. Malavika attended the 26th IPS PG Convention 2024 in Chennai from April 5th to 7th, 2024, and the 7th IPS Kerala Conference 2024 in Mahe from May 9th to 11th, 2024. She presented a poster on "Achieving a Perfect Smile: The Art of Biologically Oriented Preparation Technique" and a paper on "Unveiling the Potential of Bonded Ceramic Prosthesis: Insights and Innovations."

Dr. Ameena attended the 26th IPS PG Convention 2024 in Chennai from April 5th to 7th, 2024, and the 7th IPS Kerala Conference 2024 in Mahe from May 9th to 11th, 2024. She presented a paper on "Unveiling the Enigma: Delving into Implant Occlusion."

Dr. Najla attended the 26th IPS PG Convention 2024 in Chennai from April 5th to 7th, 2024, and the 7th IPS Kerala Conference 2024 in Mahe from May 9th to 11th, 2024. She presented a poster on "Achieving a Perfect Smile: The Art of Biologically Oriented Preparation Technique" and a paper on "Unveiling the Enigma: Delving into Implant Occlusion."

Dr. Raija attended the 26th IPS PG Convention 2024 in Chennai from April 5th to 7th, 2024, and the 7th IPS Kerala Conference 2024 in Mahe from May 9th to 11th, 2024. She presented a table clinic on "Prosthogrammetry – Applying Photogrammetry in Prosthodontics" and a poster on "4D Printing: Shape Shifting Smile."

Dr. Roopa attended the 26th IPS PG Convention 2024 in Chennai from April 5th to 7th, 2024, and the 7th IPS Kerala Conference 2024 in Mahe from May 9th to 11th, 2024. She presented a table clinic on "Prosthogrammetry – Applying Photogrammetry in Prosthodontics" and a poster on "4D Printing: Shape Shifting Smile."

Dr. Hena attended the 26th IPS PG Convention 2024 in Chennai from April 5th to 7th, 2024, and the 7th IPS Kerala Conference 2024 in Mahe from May 9th to 11th, 2024. She presented a table clinic on "Prosthogrammetry – Applying Photogrammetry in Prosthodontics" and a poster on "4D Printing: Shape Shifting Smile."

Dr. Reshma Radhakrishnan attended the 54th IDA Kerala State Dental Conference, 'DEW' 2024, in Wayanad from January 5th to 7th and from March 22nd to 24th, 2024. Additionally, she presented a paper on PRF in various treatment modalities at the 22nd ISP PG Convention in Vashi, Navi Mumbai.

Dr. Suhana R attended the 54th IDA Kerala State Dental Conference, 'DEW' 2024, in Wayanad from January 5th to 7th, 2024, where she presented a paper on PRF in various treatment modalities. She also attended the 16th SPIK Annual Conference in Cochin on February 10th and 11th, 2024, and the 22nd ISP PG Convention in Vashi, Navi Mumbai, from March 22nd to 24th, 2024.

Dr. Safwana PP attended the 16th SPIK Annual Conference in Cochin on February 10th and 11th, 2024, and the 22nd ISP PG Convention in Vashi, Navi Mumbai, from March 22nd to 24th, 2024, where she presented a poster.

Dr. Lakshmi C attended the 54th IDA Kerala State Dental Conference, 'DEW' 2024, in Wayanad from January 5th to 7th, 2024, the 16th SPIK Annual Conference in Cochin on February 10th and 11th, 2024, and the 22nd ISP PG Convention in Vashi, Navi Mumbai, from March 22nd to 24th, 2024. She presented posters on "Tooth as a Graft" and "Multifunctional Nanocarriers in Periodontics."

Dr. Anjoom CT attended the 54th IDA Kerala State Dental Conference, 'DEW' 2024, in Wayanad from January 5th to 7th, 2024, the 16th SPIK Annual Conference in Cochin on February 10th and 11th, 2024, and the 22nd ISP PG Convention in Vashi, Navi Mumbai, from March 22nd to 24th, 2024. She presented posters on "Tooth as a Graft" and "Multifunctional Nanocarriers in Periodontics."

Dr. Deepak Thomas attended the 54th IDA Kerala State Dental Conference, 'DEW' 2024, in Wayanad from January 5th to 7th, 2024, and the 16th SPIK Annual Conference in Cochin on February 10th and 11th, 2024. He also served as a guest speaker for the IDA Malanad branch on June 27th 2024 at Thodupuzha.

Dr. Deepu Mathews Panickal attended a CDE session by Oral-B on April 18, 2024, which focused on an evidence-based approach to laser therapy around ailing implants.

PROGRAMS ATTENDED

Department of Pedodontics

Dr. Indushekar K.R Attended the training program organised by KUHS on Constitution & Functions of Ethics Committee, Good Clinical Practices & Ethical Approval for Multicentric Research. on 6th February 2024.

Dr. Indushekar K.R attended the CDE programme on Art of composite restoration on 13th April 2024.

Dr. Indushekar K.R attended the Dental Conclave- Smiles & Beyond on 6th March 2024 at Trivandrum organised by IDS Kerala State Branch.

Dr.Indushekar K.R attended prog on Aligners in Mixed Dentition organised by GDC Kozhikode on 3rd March, 2024.

Dr Vidya Manoharan attended the CDE prog on Aligners in Mixed Dentition organised by GDC Kozhikode on 3rd March, 2024.

Dr Sabin attended the training program organised by IDSA (Indian Dental Sedation Academy, Chennai) on “Nasal Oral Intravenous Sedation on 29th January 2024.

Dr Sabin attended a CDE program on Aligners in Mixed Dentition organised by GDC Kozhikode on 3rd March, 2024.

Dr Sai Lakshmi attended the Symposium on “ New frontiers in oral habits management – a multi disciplinary approach ” on 19th March, 2024.

Dr Riswana Khalid attended the Symposium on “Fearless Dentistry” on 7th July 2024.

Dr Riswana Khalid attended a CDE program on Treating Pre-teens & Teens with the Invisalign System

Department of **Oral Medicine & Radiology**

Dr. Manjima S attended a short-term value-added course on Forensic Odontology at Yenepoya Dental College in February and March 2024.

Dr. Stephy Sebastian attended a hands-on and lecture event titled "Endodontics Redefined" on March 25 and 26, 2024.

Dr. Arunima attended a lecture and hands-on session titled "Endodontics Redefined" on March 25, 2024.

Department of **Oral Pathology & Microbiology**

Dr Suhas R Nayak attended 20th state conference of Kairali Societ of Oral & Maxillofacial Pathologists on 16th and 17th February, 2024 in kochi.

Dr Suhas R Nayak participated in online quiz competition to enhance awareness on World Autism Day on April 2nd, 2024 conducted by Child Development Centre at Believers Church Medical College Hospital in collaboration with Indian Academy of Paediatrics and National resource centre for non communicable diseases.

Dr Siya K moderated the lecture series session " Tumour micro-environment" in Head and Squamous cell carcinomas conducted by Asian Society of Oral & Maxillofacial Pathology on January 13, 2024.

Department of **Public health dentistry**

Dr Arun Kumar S attended virtual certified Course on 'Constitution & Functions of Ethics Committee, Good Clinical Practice & Ethical Approval for Multi-Centered Research' by KUHS on 6th February 2024.

Publication



Dr. Ajay Kumar Haridas, Dr. Siya K, Dr. Suhas R Nayak , Dr. Preethi K published an article titled "A case report and literature review: Hyperplastic dental follicle" in the Archives of Dental Sciences & Research in January 2024.



Dr. Sam Paul, Dr. Prince Chacko and Dr. Varun Peter explored the realities and challenges of indirect bonding in "The Glue Gun Dilemma," published in the IOSR Journal of Dental and Medical Sciences (Volume 23, Issue 5, May 2024, pp. 52-56).

Dr. Sam Paul, Dr. Prince Chacko and Dr. Varun Peter conducted a comparative study on the reliability of cephalometric analysis using Oneceph and Dolphin Imaging Software versus manual tracing. The study was published in the IOSR Journal of Dental and Medical Sciences (Volume 23, Issue 4, April 2024, pp. 46-50).



Dr. Sam Paul and Dr. Prince Chacko reported a case on anterior open bite correction in adults using the MEAW technique in the IP Indian Journal of Orthodontics and Dentofacial Research (2024;10(2):133-137).

■ Publication...



Dr. Lishna Karalikkattil T, evaluated the effectiveness of Invisalign treatment for open bite correction, with the results published in the Journal of Pharmacy and Bioallied Sciences (2020;16).



Dr. Deepu Mathews Panickal authored the textbook "Revolutionizing Periodontal Therapy: Advances in Bone Graft," published in 2024 (ISBN: 978-620-7-48861-2).



Dr. Shahna N published the article "The Platelet Concentrates: The Hallmark in Regeneration" in the International Journal of Oral Health Dentistry (2024;10(1):13-18).

Dr. Siya K and Dr. Shahna N contributed to the book "An Insight into Clinical Advancement of Regenerative Dentistry" in "Futuristic Trends in Medical Sciences," Volume 3, Book 11, IIP Series



Dr. Varghese Suresh, Dr. Arun Kumar S, Dr. Vidya Manoharan, and Dr. Faseela Nigar published an article titled "Quality of Information Provided About Orthodontic Emergency on YouTube: An Infodemic Study."

■ Publication...



Dr. Manjima Sasidharan and Dr. Asaf Aboobakker published a cross-sectional survey titled "Assessment of Dental Anxiety Among Dental Students" in the Archives of Dental Sciences and Research (2024; 3(1):1-6).



Dr Jayakrishnan Balakrishnanpillai published a narrative review titled "Harmony in Health: A Narrative Review Exploring the Interplay of Mind, Body, and Diabetes with a Special Emphasis on Emotional Stress" in the Journal of Diabetology in 2024.



Dr. Mohammed Salman K and Dr. Abdul Rahman conducted a comparative in vitro study published in Cureus in March 2024, titled "Effect of Coronal Flaring on Initial Apical File Size Estimation in Curved Canals Using Three Distinct Rotary Instruments" (Vol. 16, Issue 3, e56687)

Campus Spotlight

"Showcasing the vibrant life of our campus"





Dental Outreach Initiatives

Making a positive impact on our community and beyond

DETAILS FOR THE MONTH OF JANUARY 2024

SL. NO	DATE	PLACE OF CAMP	TYPE OF CAMP	CATEGORY		TOTAL PATIENTS
				MALE	FEMALE	
1	07.1.2024	Aryavaidyasala, Kottakkal	TREATMENT	7	11	18
2	14.1.2024	Malharulislammadrsa Kolkalam	TREATMENT	29	8	37
3	20.1.2024	PayyanagadiKOFI KOFI fest – Tirur camp	TREATMENT	55	35	90
4	28.01.2024	MH square, Cheriyamundam	TREATMENT	29	15	44
TOTAL						189

DETAILS FOR THE MONTH OF FEBRUARY 2024

SL. NO	DATE	PLACE OF CAMP	TYPE OF CAMP	CATEGORY		TOTAL PATIENTS
				MALE	FEMALE	
1	02.02.2024	PMSA LP SCHOOL CHATTIPARAMBA	TREATMENT	48	40	88
2	04.02.2024	AVS, KOTTAKKAL	TREATMENT	8	8	16
3	15.02.2024	AMLIP SCHOOL, VILLOOR	TREATMENT	154	146	295
4	18.02.2024	DUDE'S CLUB, PARIYAPURAM	TREATMENT	41	37	78
5.	22.02.2024	PHC, KODUR	TREATMENT	1	6	07
6.	24.02.2024	PHC KODUR	TREATMENT	7	22	29
7.	26.02.2024	RAJAS HIGHER SECONDARY SCHOOL, KOTTAKKAL	TREATMENT	114	175	290
8.	26.02.2024	WEST KODUR ,KALAMBHARAMBU	TREATMENT	9	20	29
9.	27.02.2024	PHC, EAST KODUR	TREATMENT	9	29	38
10.	29.02.2024	GUP SCHOOL ,NAYADIPARAMBA.	TREATMENT	44	61	105
TOTAL						680

DETAILS FOR THE MONTH OF MARCH 2024

SL. NO	DATE	PLACE OF CAMP	TYPE OF CAMP	CATEGORY		TOTAL PATIENTS
				MALE	FEMALE	
1	03.03.2024	AVS KOTTAKKAL	TREATMENT	9	27	36
2	06.03.2024	PHC SUBCENTER KODUR MANGATTUPURAM	TREATMENT	6	44	50
3	07.03.2024	GOVT.POLYTECHNIC COLLEGE PERINTHALMANNA	TREATMENT	102	17	119
TOTAL						205

DETAILS FOR THE MONTH OF APRIL 2024

SL. NO	DATE	PLACE OF CAMP	TYPE OF CAMP	CATEGORY		TOTAL PATIENTS
				MALE	FEMALE	
1	07.4.2024	Aryavaidyasala, Kottakkal	TREATMENT	12	28	40
2	22.4.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	13	5	18
3	23.4.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	8	7	15
4	24.04.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	17	8	25
5	25.04.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	18	7	25
6	27.04.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	11	14	25
7	28.04.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	17	8	25
8	29.04.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	16	9	25
9	30.04.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	12	6	18
TOTAL						216

DETAILS FOR THE MONTH OF MAY 2024

SL. NO	DATE	PLACE OF CAMP	TREATMENT/ SCREENING	TOTAL PATIENTS
1	01.05.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	19
2	02.05.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	13
3	03.05.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	23
4	04.05.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	21
5	05.05.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	36
6	06.05.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	20
7	07.05.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	16
9	08.05.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	23
10	09.05.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	12
11	10.05.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	6
12	11.05.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	13
13	12.05.2024	Malappuram Expo, Varangode, Malappuram	TREATMENT	24
TOTAL				226

DETAILS FOR THE MONTH OF JUNE 2024

SL. NO	DATE	PLACE OF CAMP	TREATMENT/ SCREENING	TOTAL PATIENTS
1	02.06.2024	Aryavaidyasala, Kottakkal	TREATMENT	18
1	23.06.2024	Swantwanam Centre for Culture & Charity, Mampuram, Chemmad	TREATMENT	116
TOTAL				134

FACULTY PERSPECTIVES

Periodontal Microsurgery: Precision Techniques for Enhanced Outcomes

Dr Sreekanth Puthalath



Periodontal Microsurgeries are those periodontal surgical procedures done under a magnification of x10 or more.

It's based on 3 core values:

1. Improved visual acuity and use of precise hand grip
2. Minimal tissue trauma
3. Primary passive wound closure

This minimally invasive philosophy results in less injury, reduced morbidity and rapid healing. Apart from use of magnification and atraumatic surgical techniques, microsurgery requires specialized instruments that can create clean incisions with minimal trauma and promote healing by primary intention. Special armamentarium used in microsurgery include different types of loupes, operating microscope, castroviejo scalpels, microsutures etc. The microscope provides a tremendous platform from which the clinician can gather more precise information for the diagnosis and treatment of patients.



Life Saver - Just HALF a Minute - Folks

Dr Arun kumar S

Tobacco use is the leading preventable cause of death and disability, reducing tobacco use is a priority of World Health Organization, International treaties, as well as many National Governments. The rate of quitting among tobacco users are either low or modest. Health care professionals have an important role to play in triggering quit attempts among patients who smoke and supporting cessation among those patients

ready to quit. Research has found patients who receive advice and an offer of support with quitting from their general practitioner (GP) are more likely to make an attempt to quit smoking and be successful with quitting in the long-term. There is strong evidence that a combination of behavioural counseling and pharmacotherapy can increase success with quitting, however these evidence-based treatments are often not used as part of quit attempts.

It is a herculean task to motivate and make every tobacco user attend 'counselling sessions' to quit the tobacco habit. Peer pressure, lack of time, stress, craving, relapse and fears about withdrawal symptoms are some of the reasons that prevent tobacco users from attempting to quit the habit. However, the need of assistance among tobacco users is of paramount importance for all health workers including paramedical and social workers.

Brief Opportunistic Advice has shown to increase the quit rate of tobacco habit among tobacco users. In this scenario, the **Very Brief Advice (VBA) Model**, an evidence-based approach has shown promise of triggering quit attempts among tobacco users, when administered by health and social workers. The purpose of VBA is to engage with people who use tobacco and get them to think about quitting. The aim is not to tell people how they should behave (quit tobacco), but to guide them to the quit support that is available. VBA focuses on offering help by providing:

- ◇ Information about where to go for help to quit
- ◇ Encouragement and support for change
- ◇ A referral to quit support.

The VBA Model includes 3 Phases (ASK-ADVISE-ACT) within a 30-Second window without affecting the ongoing treatment/purpose for which the individual/patient has visited. This model involves asking the tobacco users about their current practices, advising the best available methods to quit and helping them to act on their habit with locally available support

There is a need for every individual to be aware of Tobacco Related Help/Quitline Numbers;

- ◇ National Tobacco Quit Line Services (NTQLS) – 1800 112 356 (TOLL FREE),
- ◇ Cessation Programme 'Quit Tobacco for Life' – 011-2290170

This model can be successful in any coworking/learning space like schools, colleges, offices etc., where training can be imparted to teachers and team leads.

The best part it requires only a minimal training in implementation of VBA Model.



Artificial Intelligence in Dentistry: A Paradigm Shift in Oral Health Care

— Dr Deepu Mathews Panickal

Artificial intelligence (AI) is revolutionizing dentistry, bringing profound changes to diagnostic accuracy, treatment planning, and patient care. Its impact is particularly notable in diagnostics, where AI, especially deep learning models like convolutional neural networks, has achieved remarkable precision. These models excel at interpreting radiographic images, identifying dental caries, periodontal disease, and periapical lesions with a level of accuracy that often surpasses human capabilities. AI's ability to detect subtle signs of disease enables earlier diagnosis and improved patient outcomes, as it can spot issues that might otherwise be missed.

In orthodontics, AI-driven predictive models analyze extensive dental records, including cephalometric radiographs and intraoral scans, to anticipate treatment outcomes. These models facilitate more accurate treatment planning by forecasting how various interventions will affect patients' dental structures. Furthermore, AI-enhanced CAD/CAM systems are transforming the creation of custom restorations, ensuring a superior fit and durability. This technological leap translates into more effective, long-lasting dental solutions.

Implantology has also benefited from AI's advancements. AI algorithms analyze 3D imaging data to optimize implant placement, which minimizes complications and improves the success rates of implant surgeries. This precise analysis ensures that implants are positioned in the most effective locations, enhancing overall treatment success. AI-powered robotics are making strides in dental surgery by offering enhanced precision and control. These robots adapt to each patient's unique anatomy, allowing for more tailored and accurate procedures. As AI becomes increasingly integrated into dental practices, it presents several challenges. One key issue is the need for high-quality datasets to train AI systems effectively. Additionally, maintaining data privacy is crucial, as patient information is highly sensitive.

Ethically, AI in dentistry should complement, not replace, human clinical judgment. There is also a need to address potential disparities in access to these advanced technologies to prevent widening gaps in dental care. AI holds significant promise for advancing dentistry through improved diagnosis, treatment planning, and outcomes. However, its integration must be handled with careful consideration of the technical, ethical, and social implications to ensure that it benefits all patients equally.

തിരിഞ്ഞു നോക്കുമ്പോൾ

Mr Janardhanan



Educare institute of Dental Sciences ലെ എന്റെ അനുഭവങ്ങളെ പറ്റി എന്തെങ്കിലും എഴുതണമെന്ന് സഹപ്രവർത്തകർ ആവശ്യപ്പെടുമ്പോൾ, കോളേജിലെ അനുഭവങ്ങൾ എന്റെ ജീവിതാനുഭവങ്ങളുടെ ഒരു ഭാഗമാവുമ്പോൾ, എന്നിലെ എന്നിലേക്ക് ഞാൻ ഒന്ന് എത്തിനോക്കട്ടെ.

ജീവിതം ഒരു പ്രഹേളികയാണ്. അനശ്ചിതത്വം അതിന്റെ കൂടപിറപ്പും. എനിക്ക് തുല്യൻ ഞാൻ തന്നെയാണെന്നാണ് എന്റെ വിശ്വാസം. എന്റെ അനുഭവങ്ങളും എന്റേത് മാത്രം.

ജന്മം കൊണ്ട് തേഞ്ഞിപ്പലത്തുക്കാരനായി. സമൃദ്ധിയും സമ്പന്നതയും സംസ്കാരവുമുള്ള അമ്മയുടെ തറവാട്ടിൽ, പഠിപ്പുരയും വിശാലമായ പാടവും അതിന്റെ കരയിലെ തോടും കടന്നെത്തുന്ന തറവാട്ടിന്റെ മുറ്റം. ഓലമേഞ്ഞ ഒരു പഴയ നാലു കെട്ട് ഇന്നും എന്നെ വേട്ടയാടുന്ന ഗ്രഹാതുരത്വം. അച്ചൻ ഫറോക്കിലെ മുഖമുദ്രയായ നല്ലൂർ ഗ്രാമത്തിലെ ഒരു സ്കൂളിലെ പ്രധാന അധ്യാപകൻ. അച്ചന്റെ പ്രൗഢിയും പ്രശസ്തിയും എനിക്ക് എന്റെ ബാല്യത്തിന് അടിത്തറയായി. പിന്നീട് പഠനം ഫറോക്കിലും തേഞ്ഞിപ്പലത്തുമായി സമ്പന്നമായി. ഒരു കോമേഴ്സ് ബിരുദം നേടി.

എന്റെ പ്രിയപ്പെട്ട മലപ്പുറം ജില്ല ഏറ്റവും പിന്നോക്കം നിന്നിരുന്ന കാലം! തൊഴിലില്ലാത്ത അഭ്യസ്തവിദ്യർക്ക് 'തൊഴിലില്ലാവേതനം' എന്ന നിയമം സർക്കാർ നടപ്പിലാക്കിയ കാലം! തൊഴിൽ തേടി യുവാക്കൾ മറുനാടും മരുഭൂമിയും താണ്ടാൻ തുടങ്ങിയ കാലം! ആ കാലത്താണ് ഞാനും ജോലി തേടി മഹാരാഷ്ട്രയിൽ എത്തിയതും Safari എന്ന Ltd കമ്പനിയിൽ കണക്കെഴുത്തക്കാരനായി എന്റെ ഔദ്യോഗിക ജീവിതം തുടങ്ങുന്നത്. സഹാരിയിലെ അനുഭവങ്ങളും പരിശ്രമവും വിഫലമായില്ല. മികച്ച പൊസിഷ്യനിൽ എത്തിപ്പെട്ടിട്ടും അവിടെ സ്വന്തം വീടുണ്ടാക്കി ബോംബെയെ 'അച്ഛി മുംബെയ്' ആക്കി മാറ്റിയിട്ടും ഏതൊരു ടൈപ്പിക്കൽ മലയാളിയെ പോലെ ഞാനും നാളികേരത്തിന്റെ നാലുകാൽ ഓലപ്പുരയിലേക്ക് മടങ്ങിപ്പോകുകയായിരുന്നു. അപ്പോഴത്തേക്ക് ഞാൻ ഒരു കുടുംബനാഥനായിരുന്നു. എന്റെ മകനും ഭാര്യയും എനിക്ക് കൂടും തണലുമായിരുന്നു.

മറുനാടൻ മലയാളിയിൽ നിന്നും വീണ്ടും സ്വദേശത്തേക്കുള്ള മടക്കം അനിശ്ചിതത്വത്തിൽ മുങ്ങാംകുഴിയിട്ടപോലെയാണിത്. നാട്ടിൽ ഒരു ടാക്സ് പ്രാക്ടീഷണറാകാൻ ആയിരുന്നു എന്റെ തീരുമാനം. ആ ആത്മവിശ്വാസത്തിൽ മലപ്പുറത്ത് ഒരു ഓഫീസ് കണ്ടുപിടിച്ച് ഉൽഘാടനം നടത്തിയിരിക്കുമ്പോഴാണ് ഭാര്യയുടെ ഉത്സാഹത്തിൽ എങ്കുകെയറിലേക്ക് അപേക്ഷിക്കുന്നതും മുഖദാവിൽ മുഖാമുഖത്തിന് അവസരം കിട്ടുന്നതും.

ഡൽഹി ഡെന്റൽ കോളേജിൽ നിന്ന് വന്ന ഭരത്ദാജുമായിട്ടായിരുന്നു ആദ്യത്തെ കൂടിക്കാഴ്ച. അവസാനത്തേത് വിളിക്കുന്നതിന് മുമ്പ് തന്നെ സ്ഥാപന ഉടമ MD യെ പറ്റി അറിയാൻ കഴിഞ്ഞിരുന്നു. പുതുതായി തുടങ്ങിയ സംരംഭം. അതിലേക്ക് വേണ്ടിയാണ് പോസ്റ്റ്. കുറച്ചു നേരത്തെ കാത്തിരിപ്പിന് ശേഷമാണ് സ്ഥാപന ഉടമ കയറി വന്നത്. നല്ല ഉയരം അതിനൊത്ത ശരീരം. ആകർഷിക്കുന്ന മുഖം. വയറിന്റെ അതിപ്രസരം കൊണ്ട് ഷർട്ടിന്റെ അവസാനത്തെ രണ്ട് ബട്ടൻസ് ഇടുവാൻ കഴിഞ്ഞിട്ടില്ല. നല്ല നാടൻ മലയാളത്തിൽ സംസാരം 'ഞാൻ സ്ഥാപനം തുടങ്ങിയിട്ട് കുറച്ച ആയിട്ടുള്ളൂ. കണക്ക് ഒന്നും ശരിയല്ല. എല്ലാ ശരിയാക്കണം. കാര്യങ്ങളൊക്കെ നോക്കി ചിലവഴിച്ച് ഫണ്ട് കൈകാര്യം ചെയ്യണം. ഞാൻ ചോദിക്കുമ്പോൾ വേണ്ട റിപ്പോർട്ടുകൾ തരേണ്ടിവരും. അതിനുള്ള തന്റെടം ഉണ്ടോ നിങ്ങൾക്ക്? 'അതാണ് ചോദ്യം' 'ശ്രമിക്കാം' അതാണ് ഉത്തരം. തീരുമാനം പെട്ടെന്നായിരുന്നു. 'ശരി നാളെ തന്നെ ജോലിക്ക് ജോയിൻ ചെയ്തോളൂ'. അങ്ങനെ കൂടിക്കാഴ്ചയുടെ അവസാനം അപരിചിതത്വം നിറഞ്ഞ എങ്കുകെയർ ഡെന്റൽ കോളേജിൽ എ

ന്റെ രണ്ടാം ഭാവത്തിന് തിരശീല ഉയരുകയായി.

ഉഷാറിന്റെ അവസരോചിതമായ നിർദ്ദേശങ്ങളും ഉപദേശങ്ങളും എന്റെ ജോലി സന്തോഷ കരമാക്കി മാറ്റാൻ എന്നെ വളരെയധികം സഹായിച്ചു. ഇടക്ക് വീട്ടിൽ പോവേണ്ടി വരുമ്പോൾ മേ ഡത്തിൽ നിന്ന് കിട്ടുന്ന ഉഷ്മള സ്വീകരണം തരുന്ന പുഡിംഗിനെക്കാൾ മധുരമുള്ളതാവാറുണ്ട്.

പലരിൽ നിന്നു പലതും പഠിക്കുവാനും പല പല വ്യക്തിത്വങ്ങളുമായി അടുത്ത് ഇടപഴകു വാനും അവസരമുണ്ടായി. ആദ്യമായി ക്ലിനിക്ക് തുടങ്ങുന്ന ദിവസം. എനിക്ക് മുൻകാല പരിച യമില്ലാത്ത വിഷയം. പ്രിൻസിപ്പാളിനോട് ചോദിച്ച് വേണ്ടത് ചെയ്യൂ എന്നായിരുന്നു MD യുടെ നിർ ദേശം. ആദ്യകാല പ്രിൻസിപ്പാൾ ഡോക്ടർ രാമനോഹർ സാറിന്റെ നിർദ്ദേശങ്ങളും സഹായങ്ങ ലും ഹോസ്പിറ്റാലിറ്റിയെ പറ്റി പഠിക്കാനും പ്രവർത്തിക്കാനും എനിക്ക് സാധിച്ചു. ഹോസ്പിറ്റൽ (കോളേജ്) മാനേജ്മെന്റ് എന്നത് ആത്യന്തികമായ ഒരാദർശങ്ങളാണ്. ആദർശങ്ങൾ പഠനത്തിലു ടെയും പിന്തുടരലുടേയും നേടിയെടുക്കാമെന്ന വിശ്വാസം എനിക്കില്ലായിരുന്നു. വിശ്വാസിയെ അവിശ്വസിക്കുന്നതും അവിശ്വാസി വിശ്വാസിയാവുന്നതും സ്വാധീനവും അറിവും സംജാതമാവു മ്പോഴാണ്. അത്തരം ബ്രഹ്മത്തായ ഒരു സർവ്വകലാശാലയായിരുന്നു എന്റെ MD യോടൊത്തുള്ള പരിശീലന കാലം. Account Dept ൽ ആണെങ്കിലും പുതിയ തലമുറകളുമായി ബന്ധപ്പെട്ട് കഴി യാൻ പറ്റുന്നത് ഒരു സൗഭാഗ്യമായി ഞാൻ കരുതിയിരുന്നു.

എന്നും ചിരിച്ചും ചിരിപ്പിച്ചും കുശലം പറഞ്ഞും കൂസ്രിതി ചോദ്യങ്ങൾ ചോദിച്ചും കൂടെ ഉ ണ്ടായിരുന്നതാണ് ഡോക്ടർ വിജയകുമാർ സാർ. 'എന്താ സുഖമാണോ' എന്ന് വിശേഷം ചോദി ക്കാത്ത ദിവസങ്ങളില്ല. എന്റെ ഏട്ടന് കാൻസർ ബാധിച്ചപ്പോൾ അമൃതയിലെ ഡോക്ടറേ പരിചയ പ്പെടുത്തി തന്നത് വിജയകുമാർ സാറാണ്. റിട്ടയർമെന്റ് ശേഷവും കോളേജിൽ എന്ത് പരിപ്പാടി യുണ്ടെങ്കിലും സാർ വരുമായിരുന്നു. അങ്ങനെ ഒരു പരിപാടിക്ക് വന്നപ്പോൾ സാർ എന്നെ അടു ത്തേക്ക് വിളിച്ച് പറഞ്ഞു. 'എടോ ഞാൻ ഒരു മാസമായിട്ട് ഡൽഹിയിലായിരുന്നു. ഒരു ട്രിറ്റ്മെന്റി ന്, നിന്റെ ഏട്ടന്റെ പാത ഞാനും പിൻതുടരുന്നു'. കാൻസറാണ് അസുഖമെന്നറിഞ്ഞിട്ടും ചിരി മായാത്ത ആ മുഖം മനസിൽ മായാതെ നിൽക്കുന്നു.

എങ്ങനെയും പഠിപ്പിച്ചേ അടങ്ങൂ എന്ന വാശിയിൽ എന്നെ ഡ്രൈവിങ്ങ് പഠിപ്പിച്ച ഗഹ്വരും പട്ടാളച്ചിട്ടയിൽ തുറന്ന മനസുമായി കാര്യങ്ങൾ നീക്കിയ അഡ്മിനിസ്റ്റ്രേറ്റർ ബിനുവും ഓർമ്മ യിൽ നിറഞ്ഞു നിൽക്കും. അനൂപ്, സുരേഷ് നമ്പീകൻ, മൊഹമ്മദാലി, നജ്മൽ സബീല് തുട ണ്ടി അനേകം പേരുമായിട്ടുള്ള അനുഭവങ്ങൾ ഉണ്ട്. പറഞ്ഞു തുടങ്ങിയാൽ അതിന് അവസാനമു ണ്ടാകില്ല.

നമ്മുടെ മുൻ പ്രസിഡന്റ് ഡോക്ടർ അബ്ദുൽകലാം കുട്ടികളോട് പറഞ്ഞു 'കുട്ടികളെ നി ണ്ടു സ്വപ്നങ്ങൾ കാണു, വലിയ വലിയ സ്വപ്നങ്ങൾ' അതേ നമ്മുടെ MD നാസർ കിളിയമണ്ണിൽ കണ്ട സ്വപ്നം, അതിന്റ സാക്ഷാൽക്കാരം, അതാണ് 'എജുകേയർ ഇൻസ്റ്റിറ്റ്യൂട്ട് ഓഫ് ഡെന്റൽ സ യൻസ്'. പുതിയ പുതിയ മാനങ്ങൾ തേടി അത് ഉയരങ്ങളിലേക്ക് പറക്കുമ്പോൾ ഒരു തുവ്വലായി ആ ചിറകിന് ശക്തി പകരാൻ നമുക്ക് ഓരോരുത്തർക്കും കഴിയട്ടെ എന്ന് ആശംസിക്കുന്നു . എ ല്ലാവർക്കും നന്മകൾ നേരുന്നു.





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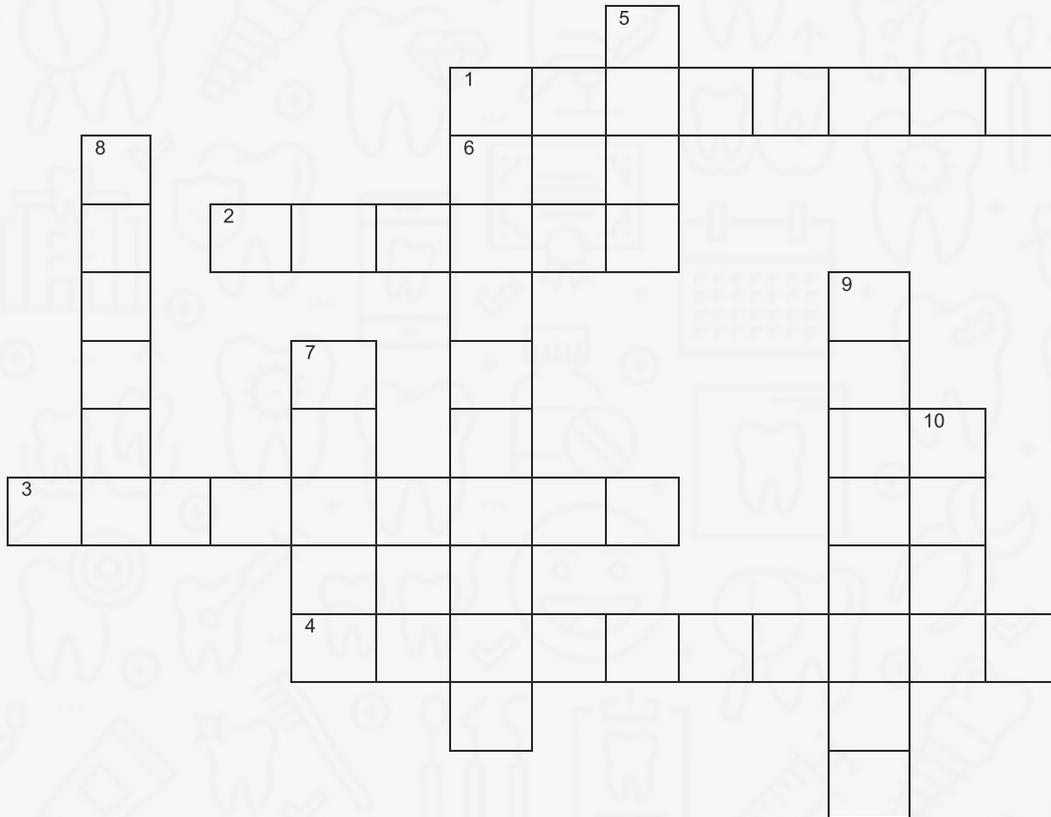
Educare Institute of Dental Science promotes a balanced approach to health and wellness through regular activities like yoga, exercise and mindfulness practices. The institute emphasizes the importance of physical and mental wellness as part of overall well-being.

This holistic approach ensures that health and wellness are integral to both personal and professional growth.

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CROSSWORD



Across:

1. Crusty buildup on tooth
2. Another word for decay
3. Another name for periodontal ligament
4. Tooth present at the time of birth

Down:

5. Thread to clean teeth
6. The kind of tooth you lose
7. The part of tooth that you can see in the oral cavity
8. Corner stone in the oral cavity
9. Projections seen on the newly erupted permanent tooth
10. Part of the tooth that embedded in the gums

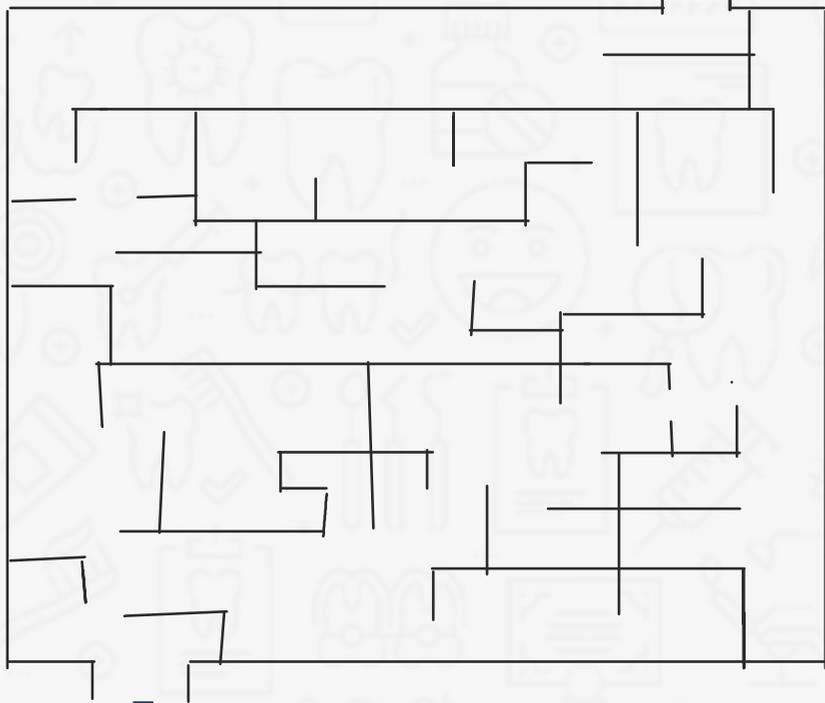
By Fathima M

FIND THE WAY.....!

Help the patient to reach the clinic....!!!!



start



end



By Fathima Salha
Intern

Welcome

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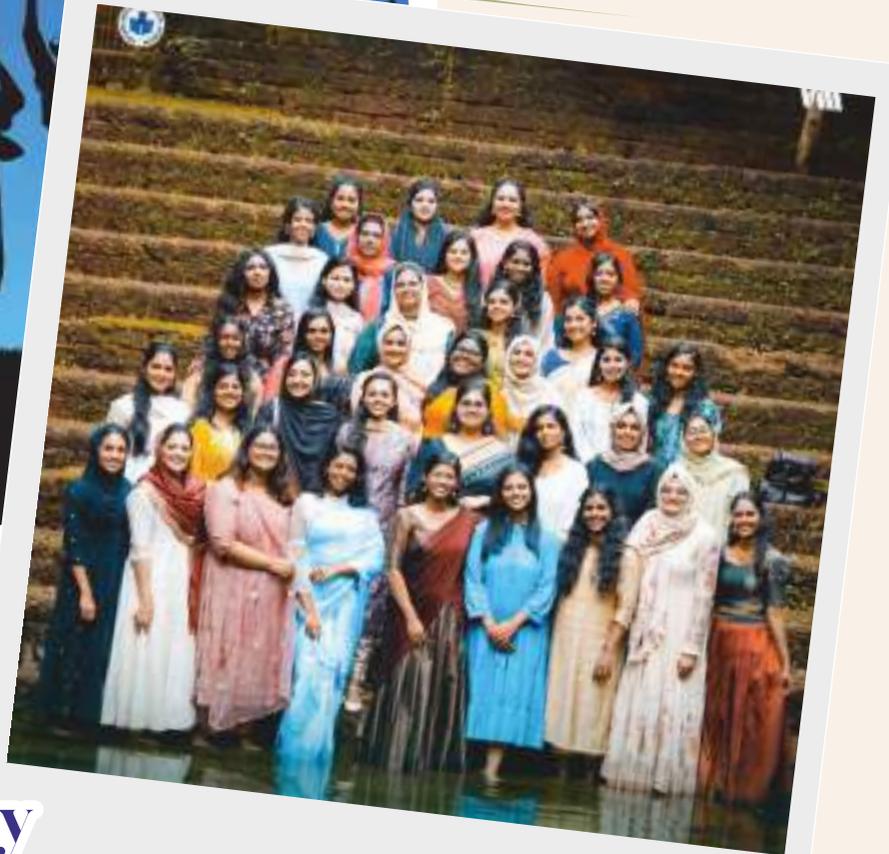
Vinitha K

Sini TP

Dhanya MK



College Day
THARANG 2K24
31st August 2k24



Graduation day
ABHYUDAY 2K24
7th September 2k24

"Success is not final, failure is not fatal:
It is the courage to continue that counts."
— Winston Churchill

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DR REETHU MOHAN
RANK 469



DR JANIYA RUTHAB K
RANK 702



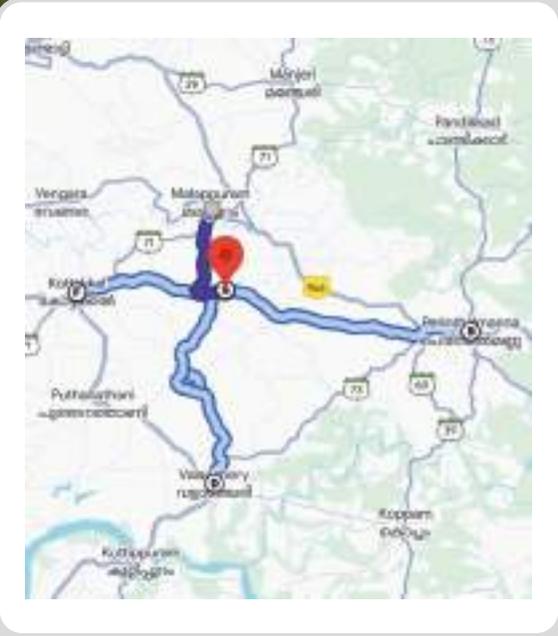
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RANK 530

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