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Jan - June 2022

Educare Chronicles

OFFICIAL NEWSLETTER OF EDUCARE INSTITUTE OF DENTAL SCIENCES

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Educare Chronicles

Volume 1 - Issue 1 | Jan - June 2022

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From the Editor's desk

With the profound growth of our institution, it is imperative to have an overall picture of the interconnectedness between our students, faculty, administration and management. We inculcate an atmosphere encouraging personal and professional growth and celebrate the achievements of the Educare family wholeheartedly. This attempt is a reflection of that celebration and pride. I consider it my privilege to be given the power to be able to unfold a new chapter in the history of Educare institute of dental sciences, with the realization of the first issue of "Educare Chronicles", the official newsletter of our institution. I thank you all for your kind co-operation and I hope this serves as a source of inspiration to us all to scale further heights.



EVENTS

WORLD PROSTHODONTIST DAY

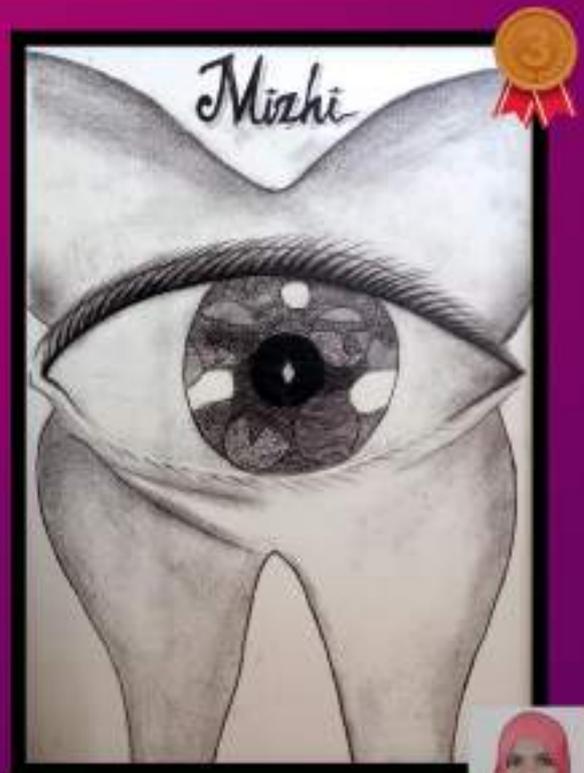
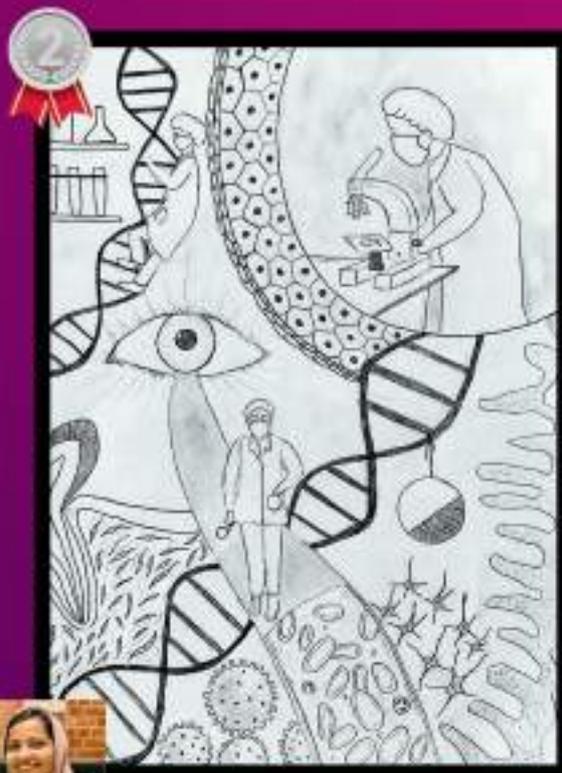
While celebrating World Prosthodontist day on 22nd January, Department of Prosthodontics and Implantology launched 'Lend a smile' project in collaboration with Alliance Global technology, for implant treatment of economically backward section of our society and 'Smitham', a free denture camp at Government old age home, Tavannur.



ORAL PATHOLOGIST DAY CELEBRATION

The National Oral pathologist's day was instituted by IAOMP on the birthday of Dr. H.M Dholakia, who was the first post graduate teacher in Oral pathology in the country. Pencil sketch competition themed "SEE THE UNSEEN" was organized by the department of Oral Pathology on Feb 25th.

First prize was awarded to Miss. Anshima Fathimath of Final year Part II, 2nd prize to Miss. Rufsana K.S (House surgeon), and 3rd prize to Miss.Nafla of third year BDS.



BLOOD DONATION CAMP

On February 25th, the Department of Public Health Dentistry and Educare NSS unit, in association with Chiraku NGO and MVR Cancer Centre and Research Institute conducted a blood donation camp in the college premises. The Malappuram district medical officer, Dr. Renuka R was the chief guest for the program. 46 students donated blood. Along with this, certificates were distributed to interns who worked in the Taluk hospital during Covid-19 outbreak.



INTERNATIONAL WOMEN'S DAY CELEBRATION



On 8th March, Educare NSS unit in association with the Educare student's union celebrated International Women's Day with various games and activities.

Administrative officer, Mr. Abdul Razak addressed the gathering followed by an interactive session with Student Counsellor, Miss. Athira Ramesh on the theme, "Gender equality today for a sustainable tomorrow".

KEY TO SECURE - MOTIVATIONAL CLASS



On March 24th, a class was conducted by Dr. Salim T, Vijayabheri coordinator, District panchayath, Malappuram, who is a well-known public speaker, to motivate the newly joined first year BDS students

AMALGAM - 2K22



College day was celebrated on 26th of March at the Rose Lounge, Malappuram, with renowned actor, Mr. Siju Wilson as chief guest of the function. This was followed by cultural programmes and DJ night.



NATIONAL ORAL MEDICINE & RADIOLOGY DAY

On 24th of April, Oral medicine and radiology day was celebrated by conducting an Instagram reel competition, with the theme 'Interaction with patients", The reels were judged, and prizes were distributed.



HEPATITIS VACCINATION DRIVE

A vaccination drive was conducted on May 18th, by the Department of Oral Pathology and microbiology, which was inaugurated by Dr. Shijin, General Surgeon, Government Taluk Hospital Malappuram. A total of 109 students took the first dose, and around 30 participants underwent titre evaluation and 13 students took booster doses.



ANTI-RAGGING LAWS AWARENESS

On May 24th, a programme was conducted to make the first year BDS students aware of the anti-ragging policies of the college. Advocate Saidh, Taluk legal services committee, Perinthalmanna briefed on the anti-ragging laws and punishment. The students were asked to fill the online anti-ragging affidavit.



ABHYUDAY 2K22 - GRADUATION CEREMONY

The 10th graduation ceremony of Educare Institute of dental sciences, with Dr.K Ellangovan as the chief guest took place on 28th May .107 students graduated and this year also saw the graduation of the first batch of postgraduates of the college from the department of Prosthodontics. Educare students union-2K22, was also officially launched by Principal, Dr.Indushekar, with Ms. A.M Archana as the new chairperson. This was followed by cultural programmes and a DJ night.





TIPS AND TRICKS IN TOBACCO COUNSELLING



In observing 'World No Tobacco day' on May 31st, Dr. Shubin Chenayil District TB officer, Malappuram gave a talk on "Tips and Tricks in Tobacco Counselling". This was followed by a flash mob, skit and oral cancer screening at GMLP school, Padinhattummuri

CAREER GUIDANCE PROGRAM FOR INTERNS

A comprehensive developmental programme was conducted by the Dept. of Public Health Dentistry in association with the House surgeons association of Educare on 17th June. Dr. Civy V Pulayath MDS, PhD, HOD, Malabar dental college and Research center, Eddapal was the guest speaker.



BRING OUT THE BEST IN YOU - Orientation Program For First Year Students

A special orientation programme was conducted by Dr Civy V Pulayath MDS Phd, Professor, Malabar Dental College and Research center, Eddapal on 17th June, for the First Year BDS students on coping up with life of a professional college student.



JCI INSTALLATION CEREMONY



Installation ceremony of a new chapter of the world's largest youth organization, Junior Chamber International was held on June 20th, with JCI India national president, JFS Anshu Saraf as the chief guest of the ceremony. 60 members of JCI Educare chapter were sworn in, with Miss. Nicky Susan Thomas installed as the new president by changing the collar and gavel.

CDE PROGRAMMES

Smile designing - A multidisciplinary approach



In connection with the Conservative and Endodontics Day, which falls on 5th March, a webinar was conducted with Dr. Pradeep Shetty as speaker. 60 delegates participated. This was followed by a quiz conducted by the Dept of Conservative dentistry and Endodontics.



Enhancing clinical efficiency with Damon Passive Self Ligation and AdvanSync 2 Class II corrector

A CDE programme was conducted on 6th April 2022, by the Department of Orthodontics with Dr. Gurkeerat Singh, Prof & Head of Orthodontics & Dentofacial Orthopedics, Sudha Rustagi College of Dental Science & Research, Faridabad, Haryana as speaker. Dr Shobha Sundareswaran, Professor & HOD of Orthodontics, Govt. Dental College, Calicut and Dr Biswas.P.P, Professor & HOD of Orthodontics, Royal Dental College, Palakkad were also in attendance. There were 64 delegates in attendance.



IMPORTANCE OF DIAGNOSIS IN DENTISTRY

In relation with National Oral medicine and radiology day, on 24th April, a webinar was conducted with Dr. C Saravana Bharati, Professor, Rajas dental college, Tamil Nadu as the speaker.

BASIC IMPLANTOLOGY

On May 30th, a one day CDE programme was conducted by the Department of Periodontics, with Dr. Jose Paul, Dean, Professor and Head, Department of Periodontics, Anoor dental college, Muvattupuzha, and Dr. Byju Paul Kurian, Principal, Professor and Head, Department of Prosthodontics Mar Baselios Dental College, Kothamangalam as the speakers. Live demonstration of the placement of implant was done by Dr. Suresh D.K, Professor and Head, Department of Periodontics, Educare institute of dental sciences.



DECODING COMPLETE DENTURES

On June 4th, a one day national level post graduate programme on the various aspects of jaw relation in complete denture prosthodontics was given by the eminent speaker Dr. Chandrasekharan Nair which was organized by the Prosthodontics department.



AWARDS AND ACCOLADES

Dr. Blessy Francis, Felicitated during Kerala State IDA Conference for securing first rank in Public Health Dentistry, University (KUHS) Examination.



Dr. Suhana R and Dr. Reshma Radhakrishnan, Post graduates in Department of Periodontics and Implantology presented a scientific poster on 'Geroscientific approach for periodontal rejuvenation' under the basic research category which won the commendation prize.



Mr. Shamil, Final year Part I student, won first prize in the inter college reels competition organized by Century dental college in association with Kasargod IDA.



Miss. Archana, Final year Part I student won second prize in the state level essay writing competition organised by State IDA, Kerala.





Dr. Deepak Thomas, Reader, Dept of Periodontics, received the award for best CDE chairman in Kerala state for the year 2021-22 at the Kerala state conference held at Attingal in May 2022.

Dr Siya Parameswar, Senior Lecturer, Department of Oral Pathology and Oral Microbiology won the 'Young Researcher award' for her research titled 'Neonatal line vs birth dynamics- a valid tool in human identification'.



Dr. Suhas R Nayak, Professor and HOD, Department of Oral pathology and Oral Microbiology, won first place in carving competition and second place in poster presentation at conference organised by Kairali Society Of Oral And Maxillofacial Pathologists and hosted by Pushpagiri college of dental sciences.

PUBLICATIONS

Article: “Optical coherence tomography assessment of the enamel surface after debonding the ceramic brackets using three different techniques”

Journal Name: Journal of orthodontic science 2022;11:16

Authors: Dr. Parthiban Krishnaraj and Dr. Manisha Sunil.



Article: “Evaluation of efficacy of different types of retainers post orthodontic treatment: An original research”

Journal Name: International journal of health sciences 2022;6(S2):9272-9277

Author: Dr.Prince Chacko.



Article: A Simplified Clinical Technique for Direct Post and Core Pattern Using prefabricated PMMA Post Form

Journal Name: Journal of Prosthodontic Dentistry 2022;17(1):1

Authors: Dr.Shona Anie Cherian, Dr.Veena M.S, Dr.Prasad Rajagopal, Dr.Pradeep Samuel and Dr.Rahul Nageshraj



Article: Periodontal Disease as a factor in morbidity of Covid-19: A Review

Journal Name: Journal of Oral and Maxillofacial Pathology 2022;13(1):44-48.

Authors: Dr. Deepak Thomas, Dr.Ajesh Joseph ,Dr.Shahna N and Dr.Ahila.D

ORAL HEALTH CAMPS AND AWARENESS PROGRAMMES

The Department of Public Health Dentistry conducts various activities for the wellbeing of the community. A total of 12 camps were conducted between January and June 2022, in and around Malappuram district for the benefit of the community. It included school camps for children, general camps for public, and special camps for specific population groups.

SL NO	DATE	VENUE OF CAMP	NUMBER OF BENEFICIARIES
1.	02-01-2022	Kottakkal Arya Vaidyasala	31
2.	08-01-2022	Inspire Academy Chappanangadi	80
3.	06-02-2022	Arya Vaidyasala Kottakkal	51
4.	06-03-2022	Arya Vaidyasala Kottakkal	18
5.	13-03-2022	G U P School Ponmala	62
6.	03-04-2022	Kottakkal Arya Vaidyasala	40
7.	01-05-2022	Arya Vaidyasala	53
8.	09-05-2022	Samsara Vidyalayam (special camp)	16
9.	22-05-2022	G M L P School Padinjattumuri	80
10.	05-06-2022	Arya Vaidyasala Kottakkal Camp	51
11.	11-06-2022	Malappuram Town Hall	33
12.	23-06-2022	Kottoor School	353





MINOR ORAL SURGICAL PROCEDURES

Dr Ajay Kumar Haridas, Prof and Head of Dept of Oral and maxillofacial surgery, was the speaker at a webinar conducted by the Department of Oral pathology and Oral biology, Saveetha Dental College on 20th January 2022 on the topic 'Current trends and future possibilities in implant surgery'.

ORAL CAVITY; THE MIRROR OF GENERAL HEALTH

Dr Siya Parameswar, Senior Lecturer, Department of Oral pathology, gave a talk for the benefit of the paramedical students at Aadhiriya Indian Medical Academy, Edappal on February 26th.

VIMUKTHI; DRUG FREE CAMPUS AND WORKPLACE

Educare NSS Unit and The Department of Public Health Dentistry, in association with Excise Department, conducted a program on "DRUG FREE CAMPUS AND WORK PLACE" with Mr. Biju P [Preventive Officer Excise Department and Lesson officer, Malappuram] as the speaker, on 1st March. It was aimed to educate and enable everyone to reject illicit drugs.



FIRE AND RESCUE AWARENESS TRAINING

The Department of Public Health Dentistry of EIDS conducted an awareness program on fire and rescue as part of annual NSS special camp, on the 2nd March 2022 in association with department of Fire and Rescue Services with demonstration of the usage of various equipments and tools by Mr. Nizamudheen (Fire & rescue officer, Malappuram fire station).



TRAINING FOR TRAINERS PROGRAMME FOR ASHA WORKERS

A training for trainers program for Asha workers was conducted on 3rd March, by the The Department of Public Health Dentistry of EIDS and Educare NSS unit in association with the HSU, for ASHA workers from three villages Ponmala, Kodur and Othukkungal participated in the program. The faculty of Educare from seven different speciality departments provided the Asha workers with lecture and training regarding oral health care. All the participating ASHA workers were also provided free check-ups and camp cards.



CYBER CRIME AWARENESS PREVENTION & RESPONSE

Educare Institute of Dental Sciences Malappuram, Department of Public Health Dentistry and Educare NSS unit in association with Malappuram Vigilance and Anti-Corruption Bureau conducted an awareness class on “Cybercrime, response and awareness” on 4th March. The class was taken by Mr. Jits PB who is a Senior Civil Police Officer and faculty at Our Responsibility to Children (ORC).



WORLD TB DAY

The Dept. of Public Health Dentistry and NSS unit of Educare Institute of Dental Sciences in association with the IDA, Malappuram and Department of Health Services, Kerala observed world TB day, under the theme ‘Invest to End TB. Save Lives’ on March 24th 2022. A rally was held for spreading awareness on TB from Malappuram Collector’s bungalow to Malappuram Town Hall. The students raised various slogans to spread the message on TB along with the display of banners and posters. This was followed by various activities on TB awareness and several health workers were honored on the basis of their achievements along with a TB day pledge-held at Malappuram Town.



WORLD HEALTH DAY

The Dept of Public Health Dentistry and NSS unit of EIDS observed World Health Day on 8th April 2022, in association with department of Health Services. An interactive session was conducted by Mr. Devanandan KC (Jr Health inspector Ceriyamundam)the lecture was based on the WHO theme for the year “Our Planet, Our Health” .



MEDICAL EMERGENCIES IN CLINICAL PRACTICE

Dr Ajay Kumar Haridas, Prof and Head of Dept of Oral and maxillofacial surgery was guest speaker for CDE programme organised by IDA (Wayanad branch) on 22nd May 2022, at Hotel Royal Crown, Kalpetta on this topic.

HEALTH AND MOUTH

Dr Siya Parameswar gave a talk on this topic, to the nursing staff of Amana Hospital, Kuttipuram on May 31st 2022 as a part of World No tobacco day.

WORLD ENVIRONMENT DAY

The Dept of Public Health Dentistry and NSS unit of EIDS along with Educare College union observed World Environment Day 2022 on 5th June 2022. The program aimed to bring about a sustainable environment in and around the college camps. Fruit trees were planted in the college campus by the volunteers of NSS along with the staff. The program was inaugurated by Dr. Indushekar KR, Principal Educare Institute of Dental Sciences. A total of thirty trees were planted and many more were distributed to faculty and students. A plastic free campus was initiated by the students



AMAZING ASSISTANTS

A training program was organized by the dept. of Public Health Dentistry for dental assistants 17th June with Dr Civy V Pulayath MDS Phd, HOD Malabar Dental College and Research center, Eddapal as the speaker.



EVENTS ATTENDED

- The 1st year postgraduates of Department of Orthodontics, attended a workshop on self ligating lingual appliance at MES Dental College, Perinthalmanna on 17th January.
- Dr.Manisha Sunil, Senior Lecturer, Department of Orthodontics and the first year postgraduates of the department, attended a workshop webinar on Functional Jaw Orthopedics- Principles and Techniques Revisited (Blended Mode) organized by A.B Shetty Memorial Institute of Dental Sciences, Mangalore.
- Dr.Celestina Dawn Peter , Dr.Sheela Poojary and Dr.Siya Parameswar attended a webinar on 'Odontogenic tumors- revisited' by Dr.Shameena, Prof and H.O.D Govt dental college, Calicut held on 25th February 2022.
- Dr.Suhana R and Dr.Reshma Radhakrishnan post graduate students of Department of Periodontics and Implantology attended the 20th national ISP conference held at Punjab university, Chandigarh between April 22nd , 23rd and 24th , 2022.
- Dr.Suhas R Nayak, Dr.Celestina Dawn Peter , Dr.Sheela Poojary and Dr.Siya K attended a virtual National Conference on 20th and 21st May 2022 organised by Kairali Society Of Oral And Maxillofacial Pathologists and hosted by Pushpagiri college of dental sciences.
- Dr.Suhana and Dr.Reshma Radhakrishnan attended the webinar organised by the Department Of Prosthodontics , Sree Anjaneya Institute of Dental Sciences on the topic osseointegration on May 28th 2022.

- The post graduate students of Department of Conservative dentistry and Endodontics attended the 22nd IACDE National PG convention from 25th to 27th March hosted by the GSL Dental college, Hyderabad.
- Post graduate students of department of Conservative dentistry and Endodontics attended the CAESOK 19th Midterm conference and 11th PG convention held at Thiruvananthapuram, on 4th and 5th of June 2022.
- Dr.Manisha Sunil, Senior Lecturer, Department of Orthodontics, attended a workshop on “Advanced In-Office Training on Mini implants” at Orthosystems Training Centre, Navi Mumbai on 22nd April 2022 by Dr.Rajesh Patil (AIIMS, Delhi).
- Dr.Anfiya and Dr.Akshaya, post graduates, Department of Orthodontics, attended the 25th National PG Convention organised by the Indian Orthodontic Society at AJ Institute of Dental Sciences, Mangalore from April 28th to May 1st 2022.
- Dr.Sam Paul, Dr.Prince Chacko and the 1st year postgraduates of the Department of Orthodontics, attended a hands-on on “Double Slot brackets-Endless possibilities” organized by Calicut Orthodontic Study Group on 5th June, 2022.
- Dr.Siya Parameswar, Senior Lecturer, Department of Oral pathology, presented an e- poster on ‘ Non syndromic multiple OKC’s in siblings – a diagnostic dilemma’ on 21st and 22nd May 2022 international conference by Asian society of Oral and maxillofacial pathologists organized by Oral pathology 360.
- Dr.Ajesh Joseph, Reader, Department of Periodontics has successfully completed the cognitive and skills evaluations in accordance with the curriculum of the American Heart Association Basic Life Support (CPR and AED) Program on 28th March 2022 at MIMS Academy Trust.
- Dr.Manjima S, Reader, Dept of Oral medicine and radiology and Dr.Arun S Kumar had attended the ‘Training of trainers program’ on education technology conducted by Kerala University of health sciences, Thrissur on 10th and 11th March.
- Dr.Manjima S. Reader Dept of Oral medicine and radiology and Dr. Arun S Kumar had attended the ‘Sensitization of Training of trainers ‘program for all faculties on 29th March.
- Dr.Chaithanya, Dr.Nila, Dr.Soorya and Dr.Asha ,postgraduates of the department of Prosthodontics attended the 24th IPS PG convention held at SDM dental college, Dharwad on 4th to 6th March 2022.
- The final year postgraduates and Dr.Asha (first year postgraduate),Dept of Prosthodontics attended REBASE 2022, a CDE program organized by Royal Dental College from 25th to 27th March.



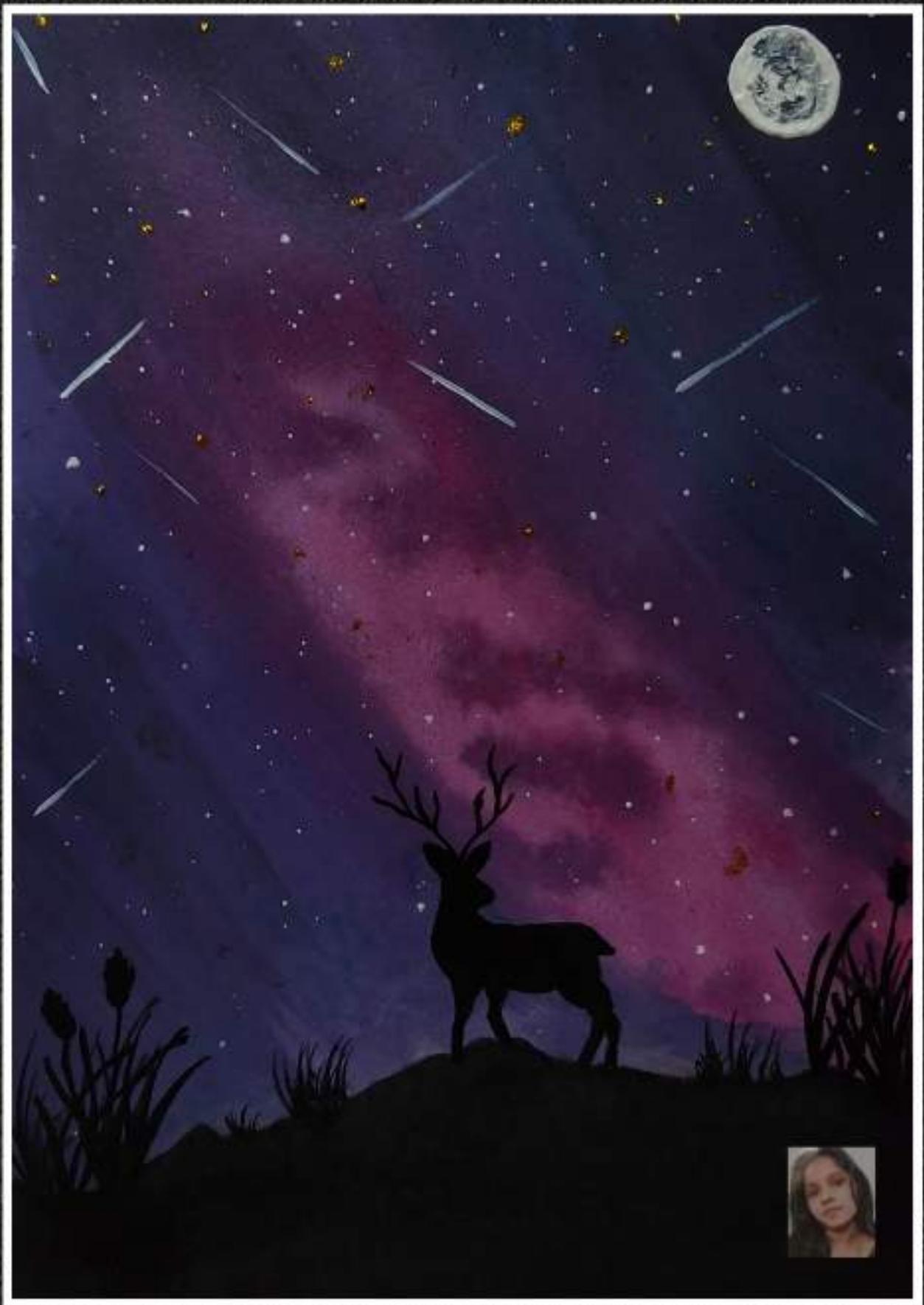
HEALTH & FITNESS CORNER

The teaching, non-teaching staff and students have the opportunity to avail CrossFit training and yoga free of cost on all weekday evenings inside college campus. A football coach has been assigned to give guidance to students who are interested. Other indoor and outdoor sports facilities include cricket, throw ball, badminton, chess, carroms, table tennis etc.



Creative Corner







Kun Fa Yakun | Be & It is



FUN FACTS



The most valuable tooth belonged to Sir Isaac Newton. In 1816 one of his teeth was sold in London for \$3,633, or in today's terms over \$30,000. The tooth was set in a ring.

Snail's mouth is no larger than the head of a pin, but it can have over 25,000 teeth!



Marine snail (limpet) teeth maybe the world's most strong biological material. It is made of chitin and goethite. It is said to be able to withstand the pressure that turns carbon into diamond.



Kissing a donkey was a middle ages remedy for tooth ache.



Ohaguro is a custom of dyeing one's teeth black which was practiced in certain cultures.



Highest insured dentures are a set made from ivory, slave's and cow's teeth which once belonged to George Washington, insured for 10 million dollars.

*It is never
too late to be
what you might
have been...*

*The Beginning
is always today!*



